

9TH ANNUAL MENCHVILLE

WINTER CHILL 5K

RUN / WALK

JANUARY 18, 2020

LOCATION

Menchville High School
275 Menchville Road
Newport News, Va.

STARTING TIMES

8:00 am Registration
9:30 am 5K Start

ENTRY FEES

\$25 / Pre-registration
\$30 / After December 1, 2019
\$20 / Newport News Public School Students
and Teachers (must show ID)
PTC race passes accepted

WWW.MENCHVILLEMUSICDEPARTMENT.COM

BENEFITTING THE MENCHVILLE
HIGH SCHOOL CHORUS

A PTC GRAND PRIX EVENT



AWARDS

Male and Female: Trophies for top 3 overall,
medals for top 3 in following age group:
13 & under, 14-19, 20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Commemorative long-sleeve shirt only
guaranteed to all pre-registrants

OPPORTUNITIES

Sponsorship opportunities available
Vendor space available
Donations are accepted

CONTACT

Joe Biava
Juanvaldez345@gmail.com
(757) 328-4992



REGISTRATION FORM

Please print clearly. Use one form per person. Make all checks payable to **Menchville High School**.

Name: _____

Street Address: _____

City, State, Zip: _____

Date of Birth: _____ Age on Day of Race: _____

Email: _____ Phone: _____

Emergency Contact Info: _____

Circle Shirt Size: S M L XL XXL Circle Gender: Male or Female

How did you hear about this event? _____

Waiver Agreement:

I know that participating in a 5K run/walk race is a potentially hazardous activity. I will not enter and participate unless I am medically able. I assume all risks from participating in this event and its related activities including, but not limited to: falls; contact with other participants; effects of the weather, temperature, humidity, precipitation, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and release and knowing these facts and in consideration of your accepting my participation, I, for myself and anyone entitled to act on my behalf, waive and release Menchville High School, City of Newport News, Newport News Parks & Recreation, race officials, volunteers, sponsors and their respective affiliates, subsidiaries, principals, directors, agents, officers, employees or contractors, Peninsula Track Club, and Road Runners Club of America of and from all claims, liabilities or causes of action of any kind arising out of my participation in this event or its related activities which I or my successors, assigns or heirs may ever have now or in the future against any of them. This release and waiver extends to all claims of every kind and nature whatsoever. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any lawful purpose.

Signature: _____ Date: _____

Parent/Guardian Signature (for ages 17 and younger) _____

Mail all forms and
checks to:
Menchville High School
Attn: Jennifer Jarrett
Chorus Director
275 Menchville Rd.
Newport News, VA 23602